

Sexual Response Pattern

Excitement Phase

- Male: Erection
- Female: Lubrication

Plateau Phase

- Entry may occur at any time
- Majority of love-making time
- Toward the end, the man begins to reach the point of no return

Orgasmic Phase

- Shortest but most intense phase
- The man reaches the point of ejaculatory inevitability

Resolution Phase aka "After Glow"

- Reversible for women
- Not usually reversible for men