

Marriage & Family

Little Ways to Communicate

1. Don't part in the morning without knowing at least one interesting thing about your partner's day.
2. Take ten minutes at the end of your day to talk about each other's days.
3. Find some way every day to genuinely communicate your admiration and respect toward your partner.
4. Show affection! Kiss, hold, touch, and caress your partner every day. Aim for kisses that last at least six seconds.
5. Schedule one-on-one time each week just for each other.

[Church of Christ Sermons Online: Copyright © Dr. Justin Imel](#)