

# Marriage & Family

## Assessment of Communication in Marriage

1. How often do you and your spouse talk about intimate things?
2. How often do you and your spouse have a long and meaningful conversation?
3. How often do you and your spouse talk about silly or funny things?
4. How often do you and your spouse talk about what's bothering you?
5. How often do you or your spouse feel misunderstood by each other?
6. What was the last time an argument has escalated to a destructive point?
7. Do you and your spouse fight fair?

Material comes from Association of Christian Counselors, CCT Magazines 1990-2004.

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